








The Four Types of Solutions

<p> Policy Solutions</p> <ul style="list-style-type: none">• Rules or laws that improve situations	<p> Tool/Resource-Based Solutions</p> <ul style="list-style-type: none">• Using apps, tech, or skills to fix problems
<p> Behavioral Change Solutions</p> <ul style="list-style-type: none">• Shifting behaviors to solve a problem	<p> Programmatic Solutions</p> <ul style="list-style-type: none">• Using groups or programs to help

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Learn more about Safety 7 at <https://www.childtrends.org/project/centering-youth-experiences-youth-participatory-action>.

POLICY SOLUTIONS

 A policy is a rule or guideline created to help solve problems and keep things fair and safe.

◆ EXAMPLE PROBLEM:

There is a lot of trash around the city

◆ THINK ABOUT IT:

What policies could be implemented to make it easier to keep the city clean?



TOOL/RESOURCE BASED SOLUTIONS

 Using apps, tech, or skills to fix problems

• EXAMPLE PROBLEM:

Malik, a 17-year-old from an urban neighborhood, notices that many of his classmates struggle to get enough food at home. Some rely on free school meals, but on weekends and holidays, they don't always have enough to eat. He wants to help bring awareness to this issue.

• THINK ABOUT IT:

What tools or resources could Malik develop to help bring awareness to this situation?



BEHAVIORAL CHANGE SOLUTIONS

🧡 Shifting behaviors to solve a problem

◆ EXAMPLE PROBLEM:

Chris, a 15-year-old, constantly struggles with following directions at school because he is often on his phone. Teachers and mentors often have to repeat instructions, and sometimes he gets frustrated, distracted, or gives up before completing tasks. This leads to conflicts with adults, missed opportunities, and lower grades.

◆ THINK ABOUT IT:

Think of ways that a behavioral change could help Chris improve in school.



PROGRAMMATIC SOLUTIONS

🌱 Using groups or programs to help

EXAMPLE PROBLEM:

Mia, a high school junior, notices that many of her classmates skip school regularly. Some stay home to take care of younger siblings, others feel unmotivated because they don't see the point in going to school, and some are dealing with personal struggles like transportation issues or mental health challenges.

THINK ABOUT IT:

What could Mia and her local organization (her school) do to help prevent students skipping school?

