



Learning About Different Research Methods

TOTAL SESSION TIME: 125 minutes

SESSION OBJECTIVES: Participants will learn about qualitative and quantitative research.

PREPARE:

- Prepare stations for the research speed dating.

Opening Block: Would You Rather?

TIME: 15 minutes

OBJECTIVES: To learn more about one each other.

ACTIVITY:

- Ask participants 5 - 8 'Would you Rather' questions
- Questions:
 - Would you rather have the ability to fly or be invisible?
 - Would you rather travel back in time to meet your ancestors or forward to meet your future descendants?
 - Would you rather be a famous athlete or a famous musician?
 - Would you rather never use social media again or never watch TV again?
 - Would you rather always have to speak your mind or never be able to speak your mind?
 - Would you rather spend a year traveling to different countries or spend a year living in your dream house?
 - Would you rather have the power of super strength or super speed?
 - Would you rather be the smartest person in the world or the most charismatic?
 - Would you rather be stranded on a deserted island with your best friend or with your favorite celebrity?
 - Would you rather live in a world without music or a world without movies?
 - Would you rather have the ability to read minds or be able to teleport?
 - Would you rather have the ability to speak and understand all languages or be a master of every musical instrument?
 - Would you rather live in a treehouse or an underwater glass dome?
 - Would you rather have the ability to time travel or freeze time?
 - Would you rather have a lifetime supply of pizza or a lifetime supply of ice cream?
 - Would you rather be the funniest person in the room or the most intelligent?
 - Would you rather live without video games or without junk food?
 - Would you rather be able to control fire or control water?
 - Would you rather be a character in your favorite video game or in your favorite movie?

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Learn more about Safety 7 at <https://www.childtrends.org/project/centering-youth-experiences-youth-participatory-action>.

DISCUSS:

- After each question, ask participants why they made that choice.

Core Block 1: Quantitative and Qualitative Research

TIME: 45 minutes

OBJECTIVES: Participants will learn about quantitative and qualitative research.

MATERIALS:

- YouTube link
- Pen
- Qualitative and Quantitative Research Guided Notes

ACTIVITY:

- Watch the video: Quantitative, Qualitative, and mixed methods research ([link](#))
- Provide each participant with a research methods guided notes
- Ask participants to write responses to the worksheet based on the video. Let them know that they can write notes during and/or after the video.
- Give participants time to write answers to the questions on the sheet.

DISCUSS:

- Review each question on the sheet and provide answers.

Core Blocks 2: Research Speed Dating

TIME: 60 minutes

OBJECTIVES: Participants will learn about different research methods and understand the pros and cons of different research methods.

MATERIALS:

- Session print outs (included at the end of this document)
- Laptops

PREPARE: Prepare the five stations for Round Robin.

ACTIVITY:

- Split up the group into pairs.
- This activity is a round-robin. At each station, groups will experience a different research method and discuss the advantages and disadvantages of this method with their research question.
- Review the instructions for each station with participants.
- Each group will be at each station for no more than 5 minutes. Make sure the groups understand that this is to get an idea of what this method is like. The stations are:
 - Station 1: Interviews
 - Station 2: Secondary Data
 - Station 3: Surveys
 - Station 4: Focus Groups

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- For stations 1-3, participants will rotate through each activity as pairs. After engaging with each station, participants will reflect on the pros and cons of each method.
- Bring participants back together as a group for Station 4: Focus Group. The session facilitator will lead the group into a focus group interview to help them experience a focus group.
- Ask participants to jot down the pros and cons of this station on their sheet.

DISCUSS:

- Lead participants into a discussion of each station.
 - What are the pros and cons of each station? Facilitators should ask this for each individual station.
 - Which station did you like the most? Which station did you like the least?
 - Which station do you think will be most helpful in answering your 'Big Questions'?
 - What kind of information do you get from the different methods?
 - What is the value of each method?
 - What resources would we need for each method?
 - How much time would we need to use each method?
- Explain to participants that the last focus group method where they discussed the finding of the survey is an example of mixed methods research.

Closing Block: Closing Ritual

TIME: 5 minutes

OBJECTIVES: Participants will end the meeting with their closing ritual.

ACTIVITY: Ask a participant to lead the group in the closing ritual.